# ALASKA VPP NEWSLETTER July 2021



Good day VPP Safety Coordinators

We're halfway through the year and can finally see light at the end of the COVID-19 tunnel. Last year was extremely stressful for some, leaving many people feeling depressed and anxious. I'd like to emphasize the importance of self-care. Don't be afraid to take time for yourself, for self-healing, self-reflection, and self-maintenance. Take a walk, exercise, listen to good music, enjoy good friends, and have a good meal. Mental health is crucial to safety and health.

### **VPP** Conference

Region X VPP Conference is scheduled to be held May 10-12, 2022 in Boise, Idaho. Organizers are still working on the lodging logistics. For contact information, call 503-947-7411. You can also visit the VPP site at: Oregon Occupational Safety and Health : Northwest Safety & Health Summit by Region X VPPPA : Region X VPPPA : State of Oregon I look forward to seeing a good Alaska representation at next year's conference.

### Associated General Contractors' (AGC) Lunch and Learn

AGC will have an in-person Lunch and Learn presentation conducted by *SafeLogic Alaska*, Thursday, July 22 from 11:45am—1:15pm. Topics of Discussion:

- 1. How to Take Proactive Measures vs. Reactive Actions
- 2. OSHA Partnerships and Consultation Programs **CLICK HERE to Register.**

## Emergency Temporary Standard for Exposure to COVID-19

If you have not heard, OSHA issued an emergency temporary standard to protect healthcare workers and healthcare support service workers from occupational exposure to COVID-19 in environments where people with COVID-19 are expected to be present. This may impact at least one or more of our VPP participants. This emergency standard became effective June 21, 2021. For more information on the emergency standard, go to: Federal Register: Occupational Exposure to COVID-19; Emergency Temporary Standard

#### Featured VPP Success Stories

I'd like to hear from you to share the good work you are doing for your company. If you have a success story, please send me a short write-up about a success in your organization. The success should be centered on safety, which could include developing a S&H program, implementing a policy, or averting or preventing an incident. If possible, include photos. Success stories can also include: a safety event, activity, or-implementation of a policy that had a positive impact on your organization. I'm very interested in showcasing our VPP participants in the October VPP Newsletter issue. Send stories to: <a href="mailto:elaine.banda@alaska.gov">elaine.banda@alaska.gov</a> by September 15, 2021. Title your email: VPP Success Story.

If you have VPP questions, call Christian Hendrickson, at 907-269-4946 or e-mail him at: christian.hendrickson@alaska.gov Thanks for taking the time to read this newsletter.

